

Emotional Alphabet

A Anxious

K Keen

U Upset

B Bored

L Lonely

V Victorious

C Calm

M Misunderstood

W Worried

D Disgusted

N Nervous

X Excited

E Exhausted

O Overwhelmed

Y Yucky

F Frightened

P Proud

Z Zealous

G Grateful

Q Quizzical

H Hopeful

R Relaxed

I Impatient

S Shocked

J Jealous

T Tense

Share
your
emotions

