

Work Together by Being Kind, Caring, And Listening

Description

Supplies

- 2-3 balloons of various colors
- Hula hoops

Skill Builder



Lesson

1. Recite the Words to Live By line, â??Working together is a must.â?• Ask if anyone would like to share what they think that means.

   Example answer: In order to get things done, we must work together as a team.

2. Ask if anyone has ever been or played on a team before. Allow students to share a team theyâ??ve been a part of. If students say theyâ??ve never been on a team, point out how their family, their class, or even a partner for a project could be considered a team.

3. Explain when working on a team, it is important that teams work together and get along. Discuss what happens if someone on a team tries to do everything themselves.
4. Share that we have a way teams can be successful. Review Be A TEAM Skill Builder.

    - T-ell your strengths and weaknesses
    - E-xpress words kindly
    - A-ct as oneâ??win together, lose together
    - M-ake sure everyone is included

5. Let them know the first step to being on a team is listening to what everyone has to say. If we donâ??t listen to what everyone has to say, then we wonâ??t be able to hear everyoneâ??s ideas.
6. Explain sometimes on a team, everyone is good at different things and thatâ??s what can end up helping the team in the long run.

    For example: On a basketball team, some people might be really good dribblers, but not good rebounders. Others might be great three-point shooters, but they arenâ??t good at layups. If everyone was only good at dribbling, we wouldnâ??t win many games!

7. Explain for a team to be successful, we have to use what everyone is good at doing. Allow students to share what they bring to the team.
8. Remind students to remember the lessons in TEAM when we have to work together.

Activity-Balloon Toss

1. Have students stand in a circle, with different colored balloons in the middle and a hula hoop placed several feet away.
2. Explain to the group that the point of the game is to keep all the balloons in the air by tapping them. Students are not allowed to hold or catch the balloons.
3. Inform students that as they work to keep the balloons in the air, they must also sort the balloons by color.
4. Let them know that at the beginning of each round you will announce which color they must sort. In order to sort the balloons, students must get that color balloon to the hula hoop, while keeping all the other balloons in the air.
5. Explain that, as a team, they must discuss who will be in charge of what. Some students might be better at walking and sorting the balloon to the hula hoop. Some students might be better at tapping all the balloons and making sure none touches the ground.
6. Remind the group to use the letters of TEAM throughout this activity.
7. Allow the group some time to discuss a strategy and how they will make sure they are using the letters of TEAM to work together.
8. Different rounds can be played by:

    - Moving the hula hoop further away from the group
    - Timing the different rounds and having students try to beat their previous time
    - Adding in more balloons

Category

1. Lesson Plans
2. Relationship Skills

Sel-competency-lessons

1. Relationship Skills

Grade-level

1. Grades 2-3