

LESSON PLAN

GR 2-3



## Others are Unique and it's Important to Learn More About Them

### Description

### Supplies

- Paper
- Pencils
- YouTube clip of someone saying a phrase in a different language
- Food samples that children aren't typically exposed to (examples: shredded coconut, coconut water, kale, kiwi, grits, spam, anchovies, etc.)

### Skill Builder

**WE'RE ALL DIFFERENT & THAT'S OK**

**O**ffer your ideas and listen to other ones.  
**K**eep an open mind and learn from others.

**Others are unique and it's important to learn more about them**

### Lesson

1. Explain that being unique means being different than anyone or anything else—one of a kind!
2. Allow a few students to share something unique about themselves.
3. Share that everyone in this world is different. We might have things that are the same—same color hair or eyes, live in the same neighborhood, like the same music—but even if we have things that are the same, we are all still different in many ways.
4. Ask students to raise their hands if they have ever teased someone for being different. Allow them to share how they would feel if they were teased for being different.

5. Discuss how all the things you might think make someone “weird” or different are actually the things that make each one of us special.
6. Explain sometimes when you first meet someone you might think you can’t be friends with them because they are different. Maybe they look different, go to a different school, or talk differently than you.
7. Discuss how you can learn a lot from the differences of others and many times once you take the time to get to know someone who is different, you find out you might have some things in common.
8. Review the [Skill Builder, We’re All Different and That’s OK](#), and remind students when getting to know other people you need to:
  - Offer your ideas and listen to others
  - Keep an open mind and learn from others
9. Remind students it is never okay to make fun of someone or exclude them from anything. Our differences are what make us unique, so we need to celebrate our differences and try to learn more about each other.

## Activity-Try it Out!

1. Explain to the students they will have different tasks or challenges to experience what it might be like for people who are different from them.

### Challenges:

- Have students write their names on a piece of paper with their opposite hand
- Have students try to walk across the room with their eyes closed or one eye covered with a hand, having to feel their way to the other side
- Have students try to tie their shoes only using their fingers and not their thumbs (keeping thumbs bent across palm like holding up the number “four”)
- Have students cup their hands over their ears and try and figure out what the leader is saying (the leader should talk in a low voice, so students are forced to lip-read)
- Play a short YouTube clip of someone saying a phrase speaking in another language and have students try to translate
- Pass out a different type of food that students aren’t normally exposed to and let them take a taste. Some ideas are shredded coconut, coconut water, kale, kiwi, grits, spam, anchovies, etc.

## Category

1. Lesson Plans
2. Social Awareness

## Sel-competency-lessons

1. Social Awareness

## Grade-level

1. Grades 2-3