

LESSON PLAN

GR 4-5



## What Happens as a Result of Your Choices is on You

### Description

### Supplies

- No supplies needed

### Skill Builder

**SHARE YOUR ID**  
Your ID is when you are able to say "I did..." and then tell how you were a part of either the positive or negative outcome

★ Use your ID instead of blaming others when you get in trouble.

★ Use your ID to take credit for something good you did instead of being shy or embarrassed.

**What happens as a result of your choices is on you and no one else**

### Lesson

1. Start by asking students to recite the line of Words to Live By about choices.  
"The choices I make should be what's best for me to do and what happens is on me and not any of you."
2. Allow students to share what they think that line means.
3. Explain it's important to make good choices and at the same time any choice someone makes is on them and not on anyone else.
4. Review the [Skill Builder Share Your ID](#). When faced with either a positive or negative outcome, you need to Share Your ID.

- Your ID is when you are able to say “I did it!” and then tell how you were a part of either the positive or negative outcome
  - You use your ID instead of blaming others when you get in trouble
  - You can also use your ID to take credit for something good you did instead of being embarrassed to be successful
5. Let the students know sharing something positive and taking ownership of it is a good thing. It allows others to see what great choices you are making and helps you to be proud of yourself.
  6. Ask the students if anyone would like to show their ID for something positive. Allow a few to share.
  7. Explain that sharing your ID for negative choices and outcomes is also important. Everyone makes mistakes and people can make bad choices.
  8. Ask the students if willing to share their ID for something negative. Allow a few to share.
  9. Let the group know, that not only is sharing your ID very important now, but it will continue to be important as they grow up.
  10. Explain sharing your ID helps parents, teachers, and friends trust you and it helps you show personal responsibility.

## Activity-Two IDs and a Fib

1. Tell students today we will be playing a game like “Two Truths and a Lie.” Today’s game is called Two IDs and a Fib.
2. Explain that each student must think of two things to share their ID for and one fake thing to share their ID for.
3. Remind the students that sharing their ID can be for a good choice they made or a poor choice they made.
4. Give the students time to think of the three things they are going to share, reminding them to keep which one is a fib a secret.
5. Explain each student will get a chance to share their three statements.
6. Let them know after a student shares, the rest of the students have one minute to work together and guess which statement they think is a fib.
7. If the group guesses the fib statement correctly, the student who shared must do 10 jumping jacks. If the group guesses incorrectly they must each do 10 jumping jacks and the sharer lets them know which one was the fib.
8. Allow time for each student to have a turn sharing.

### Category

1. Lesson Plans
2. Responsible Decision-Making

### Sel-competency-lessons

1. Responsible Decision-Making

### Grade-level

## 1. Grades 2-3