



Candy Confessions

Description

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Group learns more about each other in this fun game involving candy and categories.

Supplies

- Multi-colored candy (ex: skittles, M&Ms, gumdrops)

How to Play

1. Pass out 2 pieces of candy to each student and have them show patience by not eating it until instructed to.
2. Tell students what each candy color represents. *Examples:*
 - *Red: Favorite hobby*
 - *Green: Favorite TV show*
 - *Blue: Favorite color*
 - *Yellow: Favorite food*
 - *Orange: Wildcard (tell us anything about yourself!)*
3. Choose one student to start and have them pick one of their candy colors and share their response based on that color category. After they share, they can eat their candy. This continues around the circle.
4. The next round is played the same way, but with their other colored candy.

Activity Prompts for Reflection

- What was something unique that you shared about yourself during this activity?
- What was something you had in common with someone else?
- Did someone have a different opinion than you? If so, what was it?
- What is something new you learned about someone else during this game?

Other Ways to Play

- Pass out the same color candy to each student and have everyone share their response to the category. Continue this with every colored candy for multiple rounds.
- Allow the students to brainstorm what they want each category to be.
- Write the categories and colors somewhere students can see them to help remind them what each represents.

Additional Notes

- Have students earn additional candy when they respect one another's differences.
- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Social Awareness

Sel-competency

1. Social Awareness

Allotted-time

1. 20 minutes

Themes

1. Food