

4. Discuss with the group about how everyone is unique and has different personality traits. Have each student think about the different things they love about themselves and write/draw a strength or trait they have on half of each of the strips of paper for the petals.
5. After each student finishes their petals, the next step is to get the stem and leaves ready and decorate the center. Each student can color on their paper plate with markers to decorate the center of their plate and cut out a stem and leaves using the green construction paper.
6. Help take their strips of paper and loop them around to staple to the outer edge of the plate to complete the flower.
7. Allow time for students to glue the plate down to the All About Me poster and add the stem and leaves. This should be on the All About Me poster under their name and leaving space for two other activities.
8. Give each student time to come to the front and show off their flower. Each student should share one or two of their petals with the group. (Utilize reflection questions as students are sharing their flowers)

Activity Prompts for Reflection

- Does anyone else have the same strength that was just shared?
- When does this personality trait help you ??? at home, in school, or with friends?
- What is a strength someone else has shared that you would like them to teach you?
- Did anyone hear a unique strength or personality trait today?

Other Ways to Play

- Already have petals, stems, and leaves of the flower cut out.
- Have a poster or whiteboard at the front where you can help students with difficult words they are trying to spell or write the words for them on the petal and let them draw or decorate it.
- Pair students together to work on flowers with someone they are close with. Their partner can help them brainstorm their strengths and what personality traits they have.
- Challenge students to make a pattern with their petals and staple them according to the pattern they layout.

Additional Notes

- If you are worried about the time you can go ahead and remove the tape from their name and just have *All About Me* posters ready.
- Use [Personality ABCs](#) to help learn about personality traits.
- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.
- Other parts to this activity:
 - [SEL Activity ??? All About Me Poster, Part 1](#)
 - [SEL Activity ??? All About Me Poster, Part 3](#)
 - [SEL Activity ??? All About Me Poster, Part 4](#)

Category

1. Activities
2. Self-Awareness

Sel-competency

1. Self-Awareness

Allotted-time

1. 30 minutes

Themes

1. Arts and Crafts