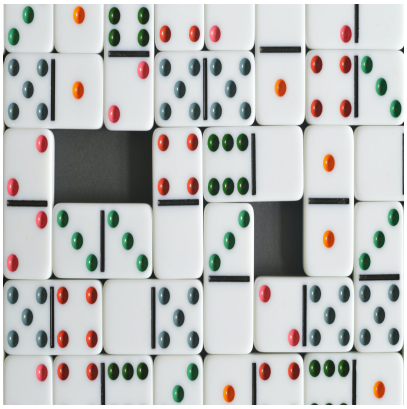

Stack and Fall

Description

Description

The group works together and learns how to act as one while competing with dominoes.

Supplies

- Dominoes

How to Play

1. Split the group into equal teams of 3-5 students.
2. Give each team the same number of dominoes. Tell them they must use all their dominoes to create a domino race. Dominoes should be in a straight line standing up vertically.
3. After each team uses all of their dominoes, count them down, with â??on your mark, get set, go!â?• and they start the dominoes by pushing over the first domino.
4. The team whose dominoes reach the end of the domino line first wins.
5. If the domino line stops because dominoes were not spaced properly, that group loses that race and must make adjustments the next time.

Activity Prompts for Reflection

- What are some things you did to make sure everyone was included on your team?
- How did you support your teammates during this activity?
- What kind words did you use during this activity?
- What did your team do to make sure you were working together?

Support your students with the essential life skills they needâ??anytime, anywhere.

Other Ways to Play

- If lining up dominoes is too difficult you can have them use a ruler to measure how far apart the dominoes need to be.
- Challenge students to make certain designs by laying the dominoes flat instead of having races.
- Instead of their domino line being straight, challenge them to make at least two turns in their domino race, to make a triangle shape, a circle shape, etc.

Additional Notes

- The age of the students and the amount of time you have will determine how many dominoes to give to each group.
- Use the SEL Activity Prompts to tie other SEL competencies to this activity.

Category

1. Activities
2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 15-20 minutes

Themes

1. Work Together-Teamwork