



Star Search

Description

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Students recognize each individual's strengths and showcase their strengths for the group.

Supplies

- No supplies needed

How to Play

1. Explain to the group we all have strengths and weaknesses and things that make us unique. Remind students we might have multiple strengths, but today we will each be showcasing one strength to the group.
2. Divide the group into two teams.
3. Tell the students a challenge will be called for each round. Each team must discuss what strength a person should have to compete well in the competition. The team then sends a group member with that strength up to the front to compete in the challenge.
4. While the students are discussing, set a time limit for how long they have to discuss who they will be sending up.

Strengths Competition examples:

- Telling jokes—Have each competing student tell a joke. The student who gets the most laughs wins a point for their team.
- Coming up with a chant/cheer—Have each competing student introduce a chant to the group. The loudest chanter/cheerer wins a point for their team.
- Singing—Have each competing student sing one verse of their favorite song. The student who gets the most applause from the group wins a point for their team.

- Dancing—Play one song and have the competing students compete in a dance-off. The student who gets the most applause from the group wins a point for their team.
- Drawing—Give the competing students paper and pencil and give them 1 minute to draw something. At the end of one minute have the students showcase their artwork.

Activity Prompts for Reflection

- Does anyone have a strength that we did not talk about today?
- Did anyone have multiple strengths that I mentioned today?
- Does anyone have a weakness in one of the competitions that I mentioned today?
- How can you use one of your strengths to help others?

Other Ways to Play

- Instead of making it a competition have students all compete in all of the challenges. Then have students identify if that is one of their strengths or if that is an area of weakness that they need to work on.
- Have a discussion at the beginning about each student's strengths and weaknesses. Assign students to the different competitions based on what was said during the discussion.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.
- If time permits, have students showcase some of their other strengths to the group as well.

Category

1. Activities
2. Self-Awareness

Sel-competency

1. Self-Awareness

Allotted-time

1. 20-30 minutes

Themes

1. Acting and Music
2. No Supplies Needed