



Step Forward If

Description

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Students share about themselves and learn more about others.

Supplies

- Tape

How to Play

1. **Prep Work:** Tape a long piece of tape on the floor to represent the finish line.
2. Have students stand in a line, shoulder-to-shoulder, equal distance from the tape/finish line.
3. The leader reads out a statement and if that statement applies to a student they will take 1 step forward. Ex. Step forward if you have traveled on an airplane.
4. The leader continues to read statements one at a time and students continue taking 1 step forward until someone crosses the finish line.
5. The first student to cross the finish line wins and another round can begin.
6. **Step Forward If Statement Ideas:**

- You share your emotions
- You have been bullied before
- Math is your favorite subject
- You are an only child
- You like listening to music
- You were born in another state
- You like roller coasters

Activity Prompts for Reflection

- Were you surprised when anyone stepped forward for a statement? Which one?
- What is something you realized someone else has in common with you?
- What is something new you learned about someone else in the group?
- What is another statement you would like me to add if we were to play this game again?

Other Ways to Play

- Prior to playing the game, have students write facts about themselves on index cards and use those facts to make the statements. Facts should include interests, hobbies, likes/dislikes, favorites, etc.
- In between reading statements and having students step forward, have students share something about that statement (ex. What's your favorite type of music)
- If there is not enough space to have students play standing shoulder-to-shoulder and stepping forward to the finish line, have students stand up if a statement applies to them. Ex. Stand up if you have traveled on an airplane.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities

Sel-competency

1. Social Awareness

Allotted-time

1. 15 minutes

Themes

1. Get to Know You