



Black Hole

Description

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Help students have fun with this space-themed activity.

Supplies

- Large cardboard box spray-painted black
- String
- 4 Frisbees

How to Play

1. **Prep work:** Spray paint/paint a large box black. Find a spot outside to hang the box with the opening on its side where students can see it.
2. Divide students into two teams and have the two teams stand in line, a set distance away from the black hole.
3. Explain to the students that the black box is the black hole, and the goal is to fill the black hole with as many frisbees as possible.
4. Give the first person in each line two frisbees.
5. On "go" the first student in each line throws their two frisbees and then goes to retrieve them, passing them back to the next person in their line.
6. Students must move fast if they want to be the team with the most points.
7. Keep score as students make it into the black hole, and allow students to continue until time is up.

Activity Prompts for Reflection

- Who was someone in your group that made a positive difference during this activity?

- How did it feel when your group won/lost?
- Could your team have done something differently to work together better?
- How did you use your strengths during this activity?

Other Ways to Play

- If you don't have frisbees, you could use balls and not hang the black hole.
- If you have a large group, hang more black holes and have teams focus on their black hole.
- Have a trustworthy helper aid you in keeping score for the teams.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.
- Have a space-themed day or week with the additional space-themed activities linked below:
 - [Galactic Memory](#)
 - [Planet Poem](#)
 - [My Planet](#)
 - [Soaring Rockets](#)
 - [Constellation Construction](#)
 - [Keep Your Stars](#)

Category

1. Activities
2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 20 minutes

Themes

1. STEM