



Monkeying Around

Description

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Group works together to get a banana passed down the line in a fun way.

Supplies

- One banana per group

How to Play

1. Divide students into two or more groups. Have each group lay on their backs with students laying feet to head in a line.
2. Have students put their hands under their backs.
3. Give the first student in each line a banana and have them hold it between their feet.
4. Tell them that the goal of this game is to get the banana from the start of the line to the end of the line.
5. Explain that students can only use their feet to pass the banana and must pass the banana over their heads.
6. If group sizes are uneven, some students may have to go more than once by joining the end of the line to make the game fair.
7. If a team drops their banana or uses their hands to pass the banana, that student must run the banana back to the front of the line for the group to start over.
8. Multiple rounds can be played until time is up.

Activity Prompts for Reflection

- What did you do to make sure you used kind words during this activity?

- What made it difficult to work together during this activity?
- Did your team get faster during the different rounds? What changes did you and your team make to complete the challenge faster?
- What did your team do to work together during this activity?

Other Ways to Play

- If a banana is difficult for them to pass you can use a larger yellow ball or balloon to make it easier.
- Make this activity more challenging by having multiple bananas that each team has to pass from start to finish.

Additional Notes

- If students aren't wearing the right clothes for this activity they can be the group cheerleader, encouraging their teammates with positive praise throughout the game, or they can be the banana runner if it is dropped or passed the wrong way.
- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 15-20 minutes

Themes

1. Food