



Coconut Roll

Description

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Teams work together to roll their coconut and knock down as many cups as possible.

Supplies

- Coconuts (real or fake)
- Plastic cups

How to Play

1. Divide students into several teams.
2. Have teams line up one behind another behind a starting position.
3. Put pyramids of anywhere from 6-15 plastic cups at least ten feet away from each of the team's lines. Give the first student in each team's line the coconut.
4. Explain to students that the goal of today is to knock over as many cups with the coconut as possible.
5. Each student gets one turn rolling the coconut toward the cups.
6. Each cup that gets knocked over is one point for that team.
7. After they roll, they go and re-stack any cups that were knocked over and return to the back of the line, passing the coconut to the first student in line.
8. It is now the next student's turn to roll.
9. This continues until time is up or until each student has had a turn to roll.

Activity Prompts for Reflection

- How did your team work together during this activity?

- What encouraging words did your team use during this activity?
- What is a strength you brought to your team during this activity?
- Can someone give a compliment to someone from the group for the activity we just played?

Other Ways to Play

- Use any type of ball instead of a coconut.
- Move the cups further away to make this activity more challenging.
- Add more cups to the pyramid to make it more challenging.

Additional Notes

- Have a student who is trustworthy help you to keep track of points for each team.
- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 10-15 minutes

Themes

1. Work Together-Teamwork