



Pyramid Builders

Description

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Students work together with their teammates in a pyramid-building challenge.

Supplies

- Plastic/ paper cups
- Rubber bands
- String

How to Play

1. **Prep work:** Tie 4-5 strings of the same lengths to rubber bands. You will need several of these depending on how many students you have.
2. Divide students into teams of 4-5 students, depending on how many strings you tied to the rubber bands.
3. Give each team 10 cups, and one of the rubber bands with string from step 1.
4. Tell students that the goal is to get the highest pyramid built with their cups.
5. Explain that they can not use their hands to touch the cups. Each student must hold onto one string attached to the rubberband, and work together to pull the string to stretch the rubber band to pick up and move the cups into the tallest pyramid.
6. Set a timer and allow students to start.
7. At the end of the time, see which team's pyramid is the tallest.

Activity Prompts for Reflection

- What helped your team be successful during this activity?

- What was challenging about this activity?
- Was there any strength that you brought to this activity?
- How did your team make sure everyone was heard during this activity?

Other Ways to Play

- Make larger teams and have students trade out the strings each time a cup is placed on the pyramid.
- To make this activity easier, have teams transfer the cups to a designated space instead of trying to stack them.

Additional Notes

- Take time at the beginning to have teams discuss strategy before passing out supplies and starting the timer.
- the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 15-20 minutes

Themes

1. Work Together-Teamwork